## Cartoon character ban could come to candy bars

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Easier

Candy and chocolate manufacturers in the UK may have to stop using cartoon characters on their products. An alliance of health groups said many food companies use characters from Peppa Pig and Disney on their packaging. The companies use the characters to get children to buy chocolate and candies. The health groups said 51 per cent of products using cartoon characters were unhealthy for children. The products fell below the health requirements needed to advertise on TV during children's shows. The health groups said the products were very high in fat, sugar and salt. The groups are asking the government to ban the use of these characters to sell unhealthy products to children.

There are three groups trying to get a ban on cartoon characters on chocolate and candy. They are Action on Sugar, Action on Salt and the Children's Food Campaign. They looked at the nutrition content of 526 products that were aimed at children. The products' wrapping had colourful cartoon characters to appeal to children. The Peppa Pig Candy Bites were among the worst products. These contained 99 per cent sugar. Dr Kather Hashem, a nutritionist from the Action on Sugar group, said: "It's shocking that companies are exploiting the health of our children by using cartoon characters on their high-sugar food and drink products, particularly on chocolates and sweets, which are already hard to resist for children."



Sources: theguardian.com / mirror.co.uk / dailymail.co.uk



- 1. Cartoon characters have been banned on candy wrappers in the UK. T / F
- 2. Health groups said no Disney characters were being used on wrappers. T / F
- 3. There are three health groups trying to change candy advertising. T / F
- 4. The groups looked at the nutrition content of over 500 products. T / F
- 5. One health group said children are exploiting the candy companies. T / F



- 1. What do you think of chocolate companies ?
- 2. Are companies exploiting children ?
- 3. Should all candy be sold in plain wrappers?
- 4. How can we get children to eat fruit instead of candy ?
- 5. Why is unhealthy food advertised on TV ?